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TBI SURVIVORS WRITE AND ILLUSTRATE CHILDREN'S BOOK

New picture book is geared towards children whose parents have suffered from a traumatic brain injury

The recent return of Bob Woodruff to ABC News has launched traumatic brain injury (TBI) into the national spotlight. But a group of Albany, New York TBI survivors have been working for two years to create a book that will get the message out to the public. <u>I Know You Won't Forget</u> was written and illustrated as part of an innovative group rehabilitation program at the Crotched Mountain Community Partnership Structured Day Program, and will be published by Square Circle Press in August of 2007.

TBI, increasingly referred to as the "signature" injury of the war in Iraq, takes many forms and is quite often invisible to others, as the brain can suffer severe shock without the presence of open wounds to the head. While the majority of the 1.4 million people diagnosed with a TBI each year in the U.S. receive them in typical accidents, the Iraq war veterans returning home are suffering TBI from IEDs and other blasts. Their spouses and children often cannot understand or cope with the ways a TBI affects their loved one and their family life. A TBI can result in loss of memory, language skills, vision, hearing or motor skills.

<u>I Know You Won't Forget</u> tells the story about a young boy whose mother receives a TBI. After being embarrassed by and ridiculed for his mom's inability to act according to their community's idea of "normal" behavior, the boy helps his mom with coping strategies, showing how a TBI affects everyone in a family and how issues can be resolved. As seen in the story of Bob Woodruff and his family, children can play an important role in the recovery of a parent suffering from a TBI. The book attempts to educate these children about what their parent is dealing with and how they can help them.

In addition to the authors of the book, the illustrator is a TBI survivor as well. Carol Jordan suffered a TBI in 2003 and currently owns and operates a small arts and crafts studio for individuals with disabilities.

The TBI survivor group has other hopes for the book as well. "We also wanted to hold this project up as an example to other professionals in the TBI rehabilitation industry. New approaches to TBI therapy such this provide a sense of meaning and accomplishment to TBI survivors. We are still learning so much about these injuries, and many different avenues for rehabilitation need to be explored," explained Michael Cognetti, facilitator of the group at the Crotched Mountain facility.

Headquartered in New Hampshire, the Crotched Mountain Foundation is a leader in TBI rehabilitation. The day program in Albany is a satellite of the parent organization, with similar facilities across the Northeast. In addition to helping bring TBI into the public spotlight, the book is expected to raise funds for TBI programs and services.

Currently in its final stages of revision and production, further announcements and details about the book will be forthcoming in the next two months. However, individuals and organizations interested in making pre-publication orders can find information at the publisher's web site, www.squarecirclepress.com.

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